

LISTENING

- 1 Read the quotations. Which of them do you like most? Why? Do you disagree with any of them?

“**R**egret is a tough but fair teacher. To live without regret is to believe you have nothing to learn, no changes to make, and no opportunity to be braver with your life.”

Brené Brown

“**I**t's better to look ahead and prepare than to look back and regret.”

Jackie Joyner-Kersey

“**W**e should regret our mistakes and learn from them, but never carry them forward into the future with us.”

L. Maud Montgomery

“**W**hen one door closes, another door opens; but we so often look so long and so regretfully upon the closed door that we do not see the ones which open for us.”

A. Graham Bell

- 2 Read the sentences. The words in bold are used in the listening task. First guess the meaning of the words. Then match the words (1-6) to their definitions (a-f).

1. My friend **has a thirst** for adventure. She wants to explore new places and have new experiences.

a. during the specified period or activity

2. **In the course of** the discussions, we became friends.

b. the whole of something

3. The purpose of my **existence** is to make the world a better place.

c. feeling embarrassed about

4. She was deeply **ashamed** of her behaviour at the party.

d. the state or fact of being real or living

5. The old man spent the **entirety** of his life in a remote village.

e. to give all of something, especially your time, effort, or love, or yourself, to something you believe in or to a person

6. She **devoted** her life to the care of homeless people.

f. to feel a strong desire for something